



EcoGreen Group of Silicon Valley
Creating Opportunities for Sustainability and Clean Technologies

EcoGreen Group

of

Silicon Valley

www.ecogreengroup.org



Agenda

- 8:15 – 8:30 Self-introductions
Mission of EGG
Upcoming programs,
events & jobs
- 8:30 – 9:30 **Sugar and Us**
videos



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Self-Introductions



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Mission

EcoGreen Group creates professional and entrepreneurial opportunities in sustainability and clean technologies through education, professional development, industry collaboration, and networking.

The EcoGreen Group fulfills this mission through our

- online blog,
- social media,
- collaborative workspaces,
- **volunteer opportunities** (see Rod)
- member projects,
- weekly and monthly meetings,
- and speaker events on specific sustainability topics.



Upcoming EGG Programs

Nov 2 **Soil Health for Water and Climate**
Elizabeth Guimarin

Nov 9

Nov 16

Nov 23 Thanksgiving



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Job

work2future Multiple Employer Recruitment
[by work2future Foundation San Jose](#)

Wed, November 1, 2017
11:00 AM – 1:00 PM PDT

work2future - San Jose Training Center
1601 Foxworthy Avenue
San Jose, CA 95118

<https://www.eventbrite.com/e/work2future-multiple-employer-recruitment-tickets-39126153378?aff=erelexpmlt>



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Event

Stanford Energy Seminar

**Energy Seminar with Sila Kiliccote:
Enabling 100% Clean Energy for All**

OCTOBER 30, 2017 - 4:30PM TO 5:20PM

NYDIA AUDITORIUM, JEN-HSUN HUANG ENGINEERING CENTER

<https://energy.stanford.edu/energy-seminar/upcoming-energy-seminars>



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Event

Peninsula Advanced Energy Community (PAEC) Workshop for Building Owners & Facility Managers By Clean Coalition & DNV GL

Thu, November 9, 2017
9:00 AM – 1:15 PM PST

Redwood Main Library - Community Room
1044 Middlefield Rd , Redwood City, CA 94063

<https://www.eventbrite.com/e/peninsula-advanced-energy-community-paec-workshop-tickets-38008818399>



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Discovery Day at AT&T Park

Sat, November 11, 2017, 9:30 AM – 4:00 PM PST

Free registration

There will be hundreds of hands-on activities, opportunities to meet local scientists and engineers, and plenty of fun and educational entertainment. The entire ballpark is packed to the rafters with science content: on the field, at every entry/exit, and every level of the ballpark. Get ready to unleash your inner scientist.

http://www.bayareascience.org/festival/discovery-days-at-attpark/?mc_cid=534600a359&mc_eid=a11d4da82f



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Sugar & Us

Almost all of us like eating sweet things, and we would like to forget that food loaded with sugar is not good for us. Scientists believe that ten years from now, between 20% to 50% of the entire world's population will be classified as obese. We shall view “Sugar—the elephant in the kitchen”, in which Dr. Lustig, Professor of Clinical Pediatrics at UC San Francisco, assesses the health dangers of sugar and its link to Type-2 diabetes and the global obesity epidemic. He is the author of several books and many articles on childhood obesity, including “Obesity Before Birth”.

<https://www.youtube.com/watch?v=gmC4Rm5cpOI> (22:24)

Then we shall see a neuroscientist’s perspective by viewing Dr. Amy Reichelt’s “This is Your Brain on Sugar”.

https://www.youtube.com/watch?v=Dacv_OoM62s (10:49)

The role of sugar is really complex, as Stanford Chemistry Professor Carolyn Bertozzi will tell us in “The sugar coating on your cells is trying to tell you something”. <https://www.youtube.com/watch?v=5HeZaYtfDf8> (12:28)